

Macomb County Adult Drug Court

Participant Handbook

October '15

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Introduction to Adult Drug Court



Welcome to the Macomb County Adult Drug Court!

The handbook has been designed as a resource for participants in our Adult Drug Court program. It will provide you with basic information about the program and the requirements to progress successfully through it. We hope this will answer many of your questions, but if you need clarification or can't find an answer to your question, please ask any of the team members. We are here to assist you throughout the process.

This program is designed to be very structured and will not be easy, but it is meant to help you make life changes and those never come easy. Please remember as you progress through the program that you didn't end up in the situation you're in over night, and you won't be able to correct it that fast either. It takes time, commitment, hard work and patience to reach your goals. And this program is here to assist you every step of the way. The treatment court team will help you in any way possible. Just always keep in mind however, that no one else should be doing more work for your benefit than you.

Adult Drug Court Team and Contact Information

The Macomb County Adult Drug Court holds two dockets; one before Judge James Biernat Jr and the other before Judge Jennifer Faunce.

Adult Drug Court Team

Denis LeDuc	Judge		
Kelley Morris	Coordinator	(586) 469-4258	Kelley.Morris@macombgov.org
Richard Hudson	Case Manager	(586) 469-5173	Richard.Hudson@macombgov.org
Dennis Rickert	Defense Counsel	(586) 727-3355	dennisrickertlaw@yahoo.com
Jennifer Andary	Defense Counsel	(586) 463-9883	jenniferandary@andaryl.com
Catherine Castle	Therapist	(586) 281-0150	Catherine@classatrainingcenter.com



PROGRAM RULES



You are placed on probation for up to two years. In addition to your Case Manager, you will also be assigned a Probation Agent. As a participant in the program, you are required to know and follow the rules of the program:

Things to Do

1. Report to your probation agent as directed
2. Attend counseling as directed
3. Submit to alcohol / drug testing as ordered
4. Complete ALL required paperwork
5. Maintain confidentiality of all Drug Court participants
6. Report any and all law enforcement contact
7. While in Court, remain seated and quiet at all times
8. Understand the requirements of the Program can and will change from time to time and that all participants are treated individually
9. Attend drug court graduation ceremonies and any drug court special events

Things NOT to Do

1. Do not commit any criminal offenses
2. Do not leave the State without prior permission
3. Do not possess or consume alcohol or illegal drugs
4. Do not go to casinos, other gambling establishments or places that primarily serve alcohol
5. Threats toward other participants or staff or violent behavior will not be tolerated

- Sanctions will be imposed for failing to follow the rules
- Failure to follow these rules could result in termination from the program
- Any missed or diluted tests are made up at the defendant's expense

Honesty is always the best policy!

**** Honesty will always be considered when sanctions are used ****



Courtroom Etiquette

You will be appearing in the courtroom frequently for review hearings as part of the treatment court. Please observe the following rules for all of your courtroom appearances:



Do arrive to review hearings 5-10 minutes early



Do leave cell phones outside of the building



Do use the restroom before arriving in the courtroom to avoid disruptions



Do bring your 12 step meeting attendance sheets and any other requested paperwork



Do NOT talk while the Judge is speaking



Do NOT swear or use profane language in the courtroom



Do NOT bring food or beverages into the courtroom



Do NOT sleep in the courtroom



Do NOT wear clothing with obscene or inappropriate language, pictures or references



Do NOT wear tank tops, flip flops or other disrespectful clothing



Do NOT wear hats, bandanas or sunglasses in the courtroom



Do NOT chew gum in the court room

- Sanctions may be imposed for failing to follow the rules

Adult Drug Court Phases

The Adult Drug Court is designed to be a total of approximately 15 to 24 months from start to finish. It is divided into four phases to guide and assist you through the program in a productive and orderly way. There is an estimated time for each phase, but it could take longer depending on the length of time needed to meet requirements.

Phase 1—Early Engagement

Estimated time—3 to 4 months



What to expect during this phase:

- Weekly Court Reviews
- Weekly contact with the Case Manager
- Report to Probation Agent as directed
- Random drug testing , 12-14 times per month
- Support group attendance daily (90/90) and obtain a sponsor
- Create development plan with Case Manager
- Attend all treatment sessions

Requirements to advance from this phase:

- A minimum of 45 days sober (no positive or missed drug tests)
 - Attendance at treatment programs as recommended
 - Support group attendance with verification
 - No new criminal activity or outstanding warrants
 - Written/verbal essay presented at review session



Phase 2—Continuing Care

Estimated time—3 to 6 months

What to expect during this phase:

- Bi-weekly Court Reviews, or as directed
- Continued contact with the Case Manager
- Random drug testing , 10-12 times per month
- Support group attendance at least 4 times per week if 90/90 is completed
- Maintain contact with sponsor
- Attendance at treatment as recommended
- Explore education and/or employment



Requirements to advance from this phase:

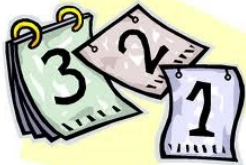
- A minimum of 60 days sober (no positive or missed drug tests)
 - Attendance at treatment programs as recommended
 - Support group attendance with verification
 - Reporting to probation as required
 - No new criminal activity or outstanding warrants
 - Written/verbal essay presented at review session

Phase 3—Commitment

Estimated time—6 to 8 months

What to expect during this phase:

- Court Reviews once every 3 weeks, or as directed
 - Continued contact with the Case Manager
 - Random drug testing , 8-10 times per month
- Support group attendance at least 4 times per week
 - Attendance at treatment as recommended
- Continue employment and/or school with verification



Requirements to advance from this phase:

- A minimum of 60 days sober (no positive or missed drug tests)
- Attendance at treatment programs as recommended
- Support group attendance with verification
- Completion of 24 hours of Community Service
- Payment plan established with Court if all fees are not paid in full
- No new criminal activity or outstanding warrants
- Written/verbal essay presented at review session

Phase 4—Maintenance & Reintegration

Estimated time— 6 to 8 months

What to expect during this phase:

- Monthly Court Reviews, or as directed
- Continued contact with the Case Manager
- Random drug testing , 6-8 times per month
- Support group attendance at least 4 times per week with sponsor contact
- Regular payments on Court fees if not paid in full
- Continue education and/or employment with verification



Requirements to graduate:

- A minimum of 120 days sober (no positive or missed drug tests)
 - Attendance at treatment programs as recommended
 - Support group attendance with verification
 - Payment of all Drug Court Fees in full
 - Payment of all Court fines, costs and restitution
 - No new criminal activity or outstanding warrants
 - Written/verbal essay presented at review session

Graduation!



Graduations are held quarterly or as appropriate. All participants are required to attend graduation ceremonies. Graduates are welcome to invite family and/or friends to attend and share in your impressive accomplishment. Cameras are allowed in the court room for graduation ceremonies.

Incentives & Sanctions

Incentives reward good behavior and may include but are not limited to:

- ◆ Books, gift drawing or gift certificates
- ◆ Excused Court review session
- ◆ Praise from the judge
- ◆ Phase advancement
- ◆ Applause



Sanctions are used to change unwanted behavior and may include but are not limited to:

- ◆ Community service, work program
 - ◆ Curfew, tethering, jail
 - ◆ Increased drug/alcohol testing
- ◆ Verbal warning, phase extension or demotion
 - ◆ Additional Court review session
 - ◆ Residential facility placement
 - ◆ Writing assignments

Everything in your life is a reflection of a choice you have made. If you want a different result, make different choices.
-Anonymous



Medications

Prescription and Over-the-counter Information you NEED to know

As a person in recovery and/or a person actively drug testing as part of this treatment court, it is very important that you not take certain medications, as they could be detrimental to your recovery as well as cause positives in your drug screening. Please use this guide to help you determine what is safe to use and what isn't. **When in doubt, error on the side of caution and don't take it!** Contact your Probation Agent or Drug Court Coordinator with any questions immediately.

**** Always inform any treating doctor that you are in recovery ****

The chart below is a summary guide meant to assist you in making appropriate choices when in need of medicine. It does NOT include every option available, so if you have questions about a specific drug, either prescription or over-the-counter, PLEASE ASK! It is better to be safe than sorry.

Pain Relief / analgesics

Safe

Acetaminophen (Tylenol)
Aspirin
Excedrin
Ibuprofen (Advil, Motrin)
Naprosyn (naproxen)

Unsafe—Do NOT use

No otc pain reliever containing Benadryl (diphenhydramine) – many times indicated as “pm”. For example, Tylenol pm

Any prescription med categorized as a narcotic and/or a controlled substance. You must ask your prescribing physician what type of medication you are being given! **Remind your doctor of your addiction.**

These include, but are not limited to:

Darvon, Darvocette (propoxyphene)
Demerol
Fentanyl
Fiorinal, Fioricet
Hydrocodone
Hydromorphone
Methadone
Opium
Oxycodone
Soma
Ultram (Tramadol)
Norco

Medications

Prescription and Over-the-counter Information you NEED to know



Cold and cough products

Safe

Mucinex (guaifenesin)

Tessalon Perles (benzonatate)

Unsafe—Do NOT use

Anything containing codeine or hydrocodone as an ingredient.

Any over-the-counter or prescription med containing alcohol, such as Nyquil or Comtrex

Anti-anxiety

Safe

Buspar (buspirone hcl)

Unsafe—Do NOT use

All benzodiazepines, which include, but are not limited to:

Ativan (lorazepam)

Centrax (prazepam)

Doral (quazepam)

Halcion (triazolam)

Klonpin (clonazepam)

Librium/Librax (chlordiazepoxide)

Serax (oxazepam)

Tranxene (clorazepate)

Valium (diazepam)

Versed (midazolam)

Xanax (alprazolam)

All allergy relief medications are safe to use as long as they don't have a decongestant in them. You should NOT take anything that ends with a D (example: Allegra D, Zyrtec D, Claretin D). A complete listing of medications can be found in the Drug Court office.

If you require medication treatment for ADHD, discuss potential medications with your Drug Court Coordinator before filling any prescriptions

Community Resources



Alcoholics Anonymous	586-756-1209
Area Agency on Aging	586-226-0309
Care House	586-463-0123
Child Support info line	866-540-0008
Community Housing Network	866-282-3119
Crime Victims Rights Unit	586-469-5675
CRISIS CENTER	586-307-9100
DHS-Mt Clemens	586-469-7700
Dial-A-Ride – Mt Clemens	586-469-7433
Friend of the Court (Macomb)	586-469-5160
Greenpath Debt Solutions	800-547-5005
Health Dept-Mt Clemens	586-469-5235
Legal Aid	877-964-4700
Macomb Care Connect	586-783-9355
Macomb Food Program	586-469-6004
Macomb Homeless Coalition	586-285-0400
MCCMH (mental health) Access center	586-948-0222
MCCMH – Emergency Psychiatric	586-466-9895
MCREST (rotating church shelter)	586-468-0775
Michigan Rehab Services – Clinton Twp	586-412-1510
Michigan Works! – Mt Clemens	586-469-7702
Mobile Clinic	586-493-3640
Prescription Resource Network	586-263-2110
Salvation Army	586-469-6712
Salvation Army Soup Kitchens	586-754-7400
Shelter Services	800-274-3583
SMART bus	313-962-5515
St. Vincent de Paul	586-758-4444
Turning Point	586-469-5471